

DEEP SPRING CENTER
Monthly Board of Directors Minutes
Saturday, January 17, 2026
5:30pm – 7:00pm PM EST

Board Members: Karl Frederick, Pat Polanski, Isabelle Mook-Jodouin, Terri McClernon, Iris Wolfson

Board Advisor: Barbara Brodsky

Staff: Trish Maley, Tana Dean

Regrets: None

Guests: Rebecca Locklin, Martha Mason, Dulcie Wink, Patty Smith-Overman

- **Focused manifestation meditation w/3-5 minutes of silence after**

Aaron's Guidance:

My blessings and love to you all. I am Aaron. Let me move the screen a bit so I can see your faces. *[adjusts equipment]* That's better.

In the workshop, we touched on the importance of knowing your own light and power, and not being afraid of it; that negative thoughts may arise, confusion, anger, fear, and you don't have to be afraid that you'll be carried away by those energies; the non-duality of light and darkness. As a Board, it's very valuable that you remember that you are light, and also that there may be moments of darkness. And that you each hold space for each other, to allow expression of those moments of darkness, talking about your fears or concerns or confusion, holding it in spaciousness and finally, arriving at a consensus of how to move ahead.

It brings me so much joy to welcome this group as a Board, who have the capacity to lead the Board, to lead the center in this way. I know you all have this, as Barbara calls it, "Board practice": the ability to hold your hearts open, to hear each other, to touch deeply into your own central insights and love, and to lead from there. So I am very grateful to have you all here and thank you, each of you, for stepping up.

It's interesting, for a few months, the Board was floundering, saying, how do we get new Board members? There was some grasping and people saying, Who could we call? Do you know anybody? This person, that person? But it didn't come together. And finally, together, we said, let us envision a beautiful, well-functioning, loving Board and hold out that intention, offer it out and invite; not calling people, jumping at people, just, we invite, we hold the intention. And almost immediately, you all came together. It's perfect: co-creation. Thank you for being part of this co-creation we call Deep Spring Center. I am Aaron.

- **Vote required:** Rebecca Locklin, Martha Mason, Dulcie Wink applying to join Board; Board unanimously voted all 3 members onto the Board. Board also unanimously voted Rebecca in as treasurer.

A. Monthly Reports

a. Staff Reports

i. Administrative – Tana

- See report

ii. Communications / Fundraising – Trish

- See report
- Trish started YouTube Short videos; engagement good so far
- Trish and Tana to discuss buying FaceBook or Instagram ads for courses on demand

Aaron: My blessings and love to you all. I am Aaron. Each time we come to these questions about marketing, I feel I want to remind you: we are not trying to bring in money, to earn money, but to bring in money in order to support Deep Spring, in order to support the sharing of this material out into the world for the highest good of all beings. No one is benefitting financially. The benefit is planting seeds of light into the world, holding the intention each time we offer a program: may all beings who can benefit by this program come and be served.

And yes, we need your donations in order to support the processes, but we literally are not doing this to earn money, but to co-create with Light. Each person who is involved in the program needs to remember that as much as possible. As you do the planning for the program, to really hold in your heart, may this work help to create healing and light and love throughout the world. May it help to provide that for each individual who attends the program: awaken, love. So I am just tilting the emphasis a bit.

And I do not worry about the money. My intention is that we're going to help shift the world into a place of greater light and as we do that, of course we will draw in what we need. I could not speak if I did not inhale. I share with you, I inhale. It goes together. Thank you. And I am very inspired by all of you. I am Aaron.

b. Committee / Team Reports

i. Finance – Rebecca

- Year over year loss considerably greater in 2025 than previous years; fall retreat loss due to higher fees contributed significantly
- Rebecca to complete further analysis for February meeting

ii. Volunteer – Terri

- No update this month
- Terri sent thank you card and gift card to Janice; Board agreed for Terri to send Karen the same gift
- Need a few more Zoom volunteers;

- Board members to reach out one-on-one to people who might be interested
- Barbara to write a short letter for email list; Trish to add details on duties of Zoom hosts as well as fact that host isn't required to register
- Zoom class: Board to explore offering Zoom class for a better idea of duties required

iii. Archive / Technical – Isabelle

- Archive sneak peek included in Dec. fundraiser email
- Isabelle to connect with Ruth to complete procedure manual for volunteers; Sivia and Iris interested in participating

iv. Outreach - Karl

- See below Section B

v. Grant Team - Pat / Rebecca

- Tabled until February

B. Old Business - GENERAL

Date Initiated	Item Description	Who + Next action	Resolution
06/22/24	IONS Conference impact on website traffic: Tana noted no large increase in traffic; Barbara had good conversations with ~10 people at the end, maybe more significant impact Tana offered feedback to IONS about challenges with accessibility with their system	Barbara and Aaron to pick out some transcribed sections to send to IONS to explore Aaron being a speaker next time	01/18/25: Tana / Karl / Barbara actively working on this 03/22/25 – waiting for new archives site
01/18/24	Books: Terri provided an update on Tavis's work with Henry: different books are at various stages in process	Terri / Barbara to liaise with Henry / Tavis to advance work	03/22/25 – work in progress 09/27/25 - Terri to get update from Tavis 10/25/25 -

			<p>Terri spoke to Tavis. Tavis and Rob have all the files from Henry. Some issues remain due to MFA and cover image files; Tavis and Rob to sort out. 47 stories of Jesus now available in paperback on Amazon.</p> <p>12/05/26 - Aiming to have all books on Amazon by July 1, 2026</p>
02/15/25	<p>Dana for Teachers – Discussed allocating a portion of the program fee for teachers</p> <p>Other potential suggestions:</p> <ol style="list-style-type: none"> 1) Adding in optional dana text box(es) for teachers into the registration form 2) Send additional reminder email a week or 10 days later <p>Portion of on-demand classes goes to Barbara (as she will not get dana for those)</p>	<p>Board members to continue to reflect on to help increase dana to Barbara</p> <p>DT to review class fee schedule/etc.</p>	<p>03/22/25 – Tana to continue sending 2 reminder dana emails after events, incl. one a few days later;</p> <p>Barbara open to being reimbursed by DSC for specific expenses (e.g. caregiving during</p>

			<p>teaching, internet) but not planning time or content development</p> <p>06/21/25 - Board to continue to monitor</p> <p>01/17/26 - No one donating after second email so Tana to pause for now; dana invitation at registration still available</p> <p>Terri to remind folks at end of events that link for dana will arrive shortly after the end of the program</p>
06/21/25	Tana started planning new live program at Crazy Wisdom with Barbara and Colette; conversation between Aaron and Yeshua		<p>09/27/25 - good session and turnout</p> <p>Plan to hold these events every 6 months</p> <p>10/25/25 - Next event</p>

			scheduled for March 2026
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C. Old Business – Dec 2024 Strategic meeting (priorities)

Date Initiated	Item Description	Who + Next action	Resolution
12/06/24	Attracting new Board members / Treasurer	<p>06/21/25: David received message from Mimi M. that she is interested in being on the Board</p> <p>David and Stephanie have resigned from the board effective July 2025; David to remain treasurer until new treasurer is found</p>	<p>06/21/25 - Mimi also has many skills; may be willing to volunteer those skills to support DSC</p> <p>Tana, Trish and Pat to prepare email inviting new Board members and officers; duties listed in bylaws</p> <p>09/27/25 Board willing to have non-DSC people join if Barbara and Aaron are comfortable after meeting with them;</p> <p>Tana to draft a recruitment email for officer positions and general member; Pat, Karl, Trish,</p>

			<p>Terri and Tana to finalize</p> <p>Barbara to write a short intro for the recruitment email</p> <p>Terri to reach out to Mimi to determine where she may best help DSC</p> <p>10/25/25 - Tana created excellent draft descriptions; Board approved them, with one addition: planning skills for President Karl to write out and send to Tana this weekend</p> <p>Terri spoke to a few people who are now reflecting on their decision. Some contacts still outstanding.</p>
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			<p>Board decided President needs be an experienced DSC member.</p> <p>Trish and Tana to slot board recruitment email into earliest spot available in upcoming emails.</p> <p>01/17/26 - Rebecca voted in as treasurer; still need president and VP</p> <p>Item completed</p>
12/06/24	<p>Group discussions on Zoom with experienced volunteer facilitators</p> <ul style="list-style-type: none"> - Facilitators / Ambassadors to be vetted by Barbara <ul style="list-style-type: none"> ■ Also need guiding facilitator to liaise with staff and support other facilitators – (Pat maybe) - Book clubs - Kalyana mitta - Class discussion groups (Tuesday class + EwA) on off-weeks - only for registered students - Welcoming committee 	<p>Tana to send Tuesday night class lists from last 3 years to Barbara (cc: Pat) for vetting</p> <p>Tana to then email those vetted and send invite to info meeting</p> <p>Set date for info mtg</p>	<p>06/21/25 - Pat to connect with Iris and Bill to finalize logistics for first group</p> <p>Bill and Barbara to facilitate discussion group in fall to determine specific interests in Anna's</p>

	<ul style="list-style-type: none"> - Staff can set up Zoom links / technology / Groups.IO, but rest would be volunteer-led - Start with class discussion groups and assess facilitators' interests and passions 		<p>teachings to create a class for January</p> <p>09/27/25 - tabled for this month</p> <p>12/05/25 - Board decided to create community committee. Barbara to write letter in the new year to recruit volunteers</p>
12/06/24	Recurring Sangha meeting(s) – Discussed April and September	<p>Tana/Trish to schedule email announcement for sangha meeting</p> <p>Barbara to remind class members</p> <p>September meeting still TBD</p>	<p>(April meeting occurred)</p> <p>09/27/25 - September sangha meeting cancelled due to resignations on Board</p> <p>01/17/26 - item tabled</p>
09/27/25	Barbara requested to send an email to the DSC list asking for financial support for Hal's care as he is no longer on Medicaid	Barbara to send text of email to Tana once Venmo is set up	<p>09/27/25 - Board approved Barbara's request</p> <p>Iris to assist Barbara with</p>

			setting up Venmo 10/25/25 - Emails sent, Venmo set up for Barbara and Colette 01/17/26 - Item completed
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New Business - GENERAL

Date Initiated	Item Description	Who + Next action	Resolution
01/17/26	Board Member official duties description proposal: The required responsibilities really are to simply hold space, provide input and attend Board meetings and answer the occasional email. Other than that, all responsibilities are what people choose to volunteer to do, as much or as little as they are able.		01/17/26 - tabled
12/05/26	E-books “Collections”	Barbara to talk to Janice	01/17/26 - tabled
12/05/26	In-person workshops	Tana to inquire about cost for logistics by Interfaith	01/17/26 - Tana to consult with Rebecca to determine feasibility
12/05/26	Increasing focus on DSC being a Light Center		01/17/26 - Board to reflect on how to have more formally-stated intention for DSC for 2026
01/17/26	Fall Retreat - Maryville - Oct 17-23 - Rebecca to prepare pricing for Feb meeting, marketing to follow		01/17/26 - tabled

D. Next meetings: (All times in ET and on Saturdays unless noted otherwise)

- a. February 28 at 11 AM Eastern