January 23, 2023 Monday Morning, Healing and Ever-Healed Retreat Part 1 Love on Knowing Our Wholeness

**Love** (via Barbara): I thank you, I AM That I AM. I am Love. Most of you have met me before. I AM That I AM, and I as the presentation I call Love, we're not different; we're different faces of the same hand. I AM That I AM is a projected awareness; Love is more the central heart. But they must be together to function.

The reason I have come in here is to remind you that each of you also carries this I AM and the heart of Love.

And everything that follows will come from your rejecting or knowing this truth.

Why would you choose not to be love? Why would you choose to believe in helplessness or smallness? And yet, of course, as humans you do, and we do not blame you for that.

But that time has come now on Earth for the human to lay aside these early behaviors and beliefs and come to know the fullness of your being. This is the next important step for your own personal healing and the healing expression of wholeness of your world.

Each of you has come here to this workshop because of a desire to learn that wholeness and express it. You have support amongst your community, with tender compassion and the assisting hand to look at the places where you have believed yourself to be limited and broken. Because, my dear ones, how could you ever be limited or broken?

As has been said already, our work here is not to fix you in any way, or even to substitute the word "heal" you, but to invite you to connect with the ever-healed within you, the power of love within you—the proclamation "I AM!", which is the proclamation of free will.

And then to see where that takes you in your own personal life and in the transition of the world into a higher vibration.

I am Love, and I am very much with you on this journey.

I'll release the body to Barbara...

**Barbara**: Thank you, Love... Does any spirit wish to speak, or is this a good time for a break?

**Colette**: Mary would like to speak, but I know my body needs a break. So, perhaps we can break for a short time.

**Barbara**: I'm laughing, because Mary has also been saying to me, she wants to speak! Mary, we love you and we will give you plenty of time to speak.

Let's take a fifteen minute break...