

DEEP SPRING CENTER
Monthly Board of Directors Minutes
Saturday, March 21, 2026
10:00 am – 12:00pm PM EST

Board Members: Karl Frederick, Pat Polanski, Isabelle Mook-Jodouin, Terri McClernon, Rebecca Locklin, Martha Mason, Iris Wolfson, Dulcie Wink

Board Advisor: Barbara Brodsky

Staff: Trish Maley, Tana Dean

Regrets: None

Guests: None

- **Focused manifestation meditation w/3-5 minutes of silence after**

Aaron's Guidance:

My blessings and love to you. I am Aaron. Please let me move this [equipment] a bit, so I can see your faces as I talk.

So before Wednesday, I was reminding Barbara. She lives on a gravel road, dirt road really, with gravel over the surface but no paving. In this season, in March, it turns to mud. Parts of the road, about 1 mile, $\frac{3}{4}$ of a mile, parts of it are level, parts of it are hilly. Cars get stuck on the hills. They spin their tires: push, push, getting deeper and deeper into mud. Many years ago, for the portion of the road right near her house, she used to keep cardboard from boxes of tissues, or supplies of one sort or another, and when a car was stuck, she would bring the cardboard out. Sometimes the driver would be thankful, and sometimes the driver would say, "No, I can do it." Spin, spin, more and more mud, deeper.

You are here to learn patience, but not a patience that sits back and says, "Well, there's nothing I can do". A patience that stops, looks at your whole society, and the deep mudhole that your country is in right now, that the whole world is in now, and to ask, "Okay, where is the cardboard?" Where are the friendly people who will push a bit? And we're not saying to other countries, "Come and push"; we're saying [it] to ourselves. Instead of getting into that tension that says we've got to fix it, fear, anger, just stopping and saying, "What is needed now, to bring us out of this deep mud puddle? Where is love to be found? Where is conviction of the path of non-harm to beings? Where is that to be found? What national karma are we creating here and how do we heal it?"

Of course, one of the ways we heal it is exactly what you are doing here in Deep Spring: helping people to learn how to attend to fear and anger when it arises in them without acting it out, without pushing harder on the accelerator so the mud is flying, but stopping and asking, "What is happening in me, in my city, in my country, in the world? And how do I not just hold space for it but help it to heal?" Each person paying attention and helping to shift the world into a more positive polarity, but one that is capable of advancing into a higher consciousness, taking steps that say no to terrorism, to hatred, and truly begin to find the love in their hearts. And bring that love, plant that love; the daffodil shoots pushing through the Earth, we cherish them, we nurture them and they will bloom. And so in this world, light will bloom.

So I am very grateful to you all for the work you are doing to support Deep Spring and me, so I can continue to have a voice that can be heard as Wednesday night and talk about these things, help people find their own palace of deep inner knowing, of love.

Thank you. I love you. I am Aaron.

- **Vote required: None**

A. Monthly Reports

a. Standing items

i. Administrative – Tana

- See report
- Tana working on improving home page to increase engagement
- 2026 fall retreat registration open

ii. Communications / Fundraising – Trish

- See reports

iii. Finance – Rebecca

- Financial picture remains largely the same; small positive income for February
- Finance committee
 - Board reviewed charter; suggested committee offer recommendations to Board when issue(s) identified
 - Rebecca to update draft and email to Board
 - Board appointed Rebecca as chair and secretary of Finance committee

iv. Volunteer – Terri

- Email sent to recruit more Zoom volunteers; no answers received
- Personal contact with new attendees may invite more volunteering, may align with community committee
 - Trish to pull list of 67 new sign-ups from 2026; Barbara offered to draft short welcome email offering 1:1 Board call if desired
 - Could be added as a fifth welcome email to all new sign-ups in future
 - Trish to also pull contact list of established students (including name, phone # and email) for 1:1 contact from Board members and send to Dulcie to recruit new volunteers
 - Iris, Pat, Dulcie, Terri, Martha willing to make personal contacts

v. Archive / Technical – Isabelle

- Draft process being finalized; transcript review started

- vi. Outreach - Karl
 - See below Section B
- vii. Grant Team - Pat / Rebecca
 - Dave G. taking on chair and secretary responsibilities
 - Grant team presentation - Board approved Google Ads Grant Opportunity Brief proposal
 - Will require long-term maintenance plan; Rebecca's family willing to assist with drafting plan
 - Another grant volunteer would be helpful; Rebecca to draft email message for Tana to send out

B. Old Business - GENERAL

Date Initiated	Item Description	Who + Next action	Resolution
06/22/24	<p>IONS Conference impact on website traffic: Tana noted no large increase in traffic; Barbara had good conversations with ~10 people at the end, maybe more significant impact</p> <p>Tana offered feedback to IONS about challenges with accessibility with their system</p>	Barbara and Aaron to pick out some transcribed sections to send to IONS to explore Aaron being a speaker next time	<p>01/18/25: Tana / Karl / Barbara actively working on this</p> <p>03/22/25 – waiting for new archives site</p>
01/18/24	Books: Terri provided an update on Tavis's work with Henry: different books are at various stages in process	Terri / Barbara to liaise with Henry / Tavis to advance work	<p>03/22/25 – work in progress</p> <p>09/27/25 - Terri to get update from Tavis</p> <p>10/25/25 - Terri spoke to Tavis. Tavis and Rob have all the files from Henry. Some issues remain due</p>

			<p>to MFA and cover image files; Tavis and Rob to sort out. 47 stories of Jesus now available in paperback on Amazon.</p> <p>12/05/26 - Aiming to have all books on Amazon by July 1, 2026</p> <p>02/28/26 - Barbara to work with Rob to review edits</p>
06/21/25	Tana started planning new live program at Crazy Wisdom with Barbara and Colette; conversation between Aaron and Yeshua		<p>09/27/25 - good session and turnout</p> <p>Plan to hold these events every 6 months</p> <p>10/25/25 - Next event scheduled for March 2026</p>

C. Old Business – Dec 2024 Strategic meeting (priorities)

Date Initiated	Item Description	Who + Next action	Resolution
12/06/24	Group discussions on Zoom with experienced volunteer facilitators - Facilitators / Ambassadors to be vetted by Barbara	Tana to send Tuesday night class lists from last 3 years to	06/21/25 - Pat to connect with Iris and Bill to

	<p>■ Also need guiding facilitator to liaise with staff and support other facilitators – (Pat maybe)</p> <ul style="list-style-type: none"> - Book clubs - Kalyana mitta - Class discussion groups (Tuesday class + EwA) on off-weeks - only for registered students - Welcoming committee - Staff can set up Zoom links / technology / Groups.IO, but rest would be volunteer-led - Start with class discussion groups and assess facilitators' interests and passions 	<p>Barbara (cc: Pat) for vetting</p> <p>Tana to then email those vetted and send invite to info meeting</p> <p>Set date for info mtg</p>	<p>finalize logistics for first group</p> <p>Bill and Barbara to facilitate discussion group in fall to determine specific interests in Anna's teachings to create a class for January</p> <p>09/27/25 - tabled for this month</p> <p>12/05/25 - Board decided to create community committee.</p> <p>Barbara to write letter in the new year to recruit volunteers</p> <p>02/28/26 - Priority item to build community</p> <p>Ideas: individual welcoming emails to newcomers; regular Q&A</p>
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			<p>sessions with Barbara;</p> <p>Board to continue conversation next meeting;</p> <p>Tana and Barbara to trial single Q&A session, Pat to host Zoom for session</p> <p>03/21/26 - Q&A with Barbara set for June 2</p>
12/06/24	Recurring Sangha meeting(s) – Discussed April and September	<p>Tana/Trish to schedule email announcement for sangha meeting</p> <p>Barbara to remind class members</p> <p>September meeting still TBD</p>	<p>(April meeting occurred)</p> <p>09/27/25 - September sangha meeting cancelled due to resignations on Board</p> <p>01/17/26 - item tabled</p>
01/17/26	Board Member official duties description proposal: The required responsibilities really are to simply hold space, provide input and attend Board meetings and answer the occasional email. Other than that, all responsibilities are what people choose to volunteer to do, as much or as little as they are able.		<p>01/17/26 - tabled</p> <p>02/28/26 - Board agreed this is good to gather in one place;</p> <p>Tana to scan old spiral</p>

			Board book, and add to Board Google Drive, along with description proposal, want to add in lack of donation requirement from Board members
12/05/26	E-books "Collections"	Barbara to talk to Janice	01/17/26 - tabled
12/05/26	In-person workshops	Tana to inquire about cost for logistics by Interfaith	01/17/26 - Tana to consult with Rebecca to determine feasibility 02/28/26 - Teachers do not have capacity currently; tabled until further notice
12/05/26	Increasing focus on DSC being a Light Center		01/17/26 - Board to reflect on how to have more formally-stated intention for DSC for 2026 02/28/26 - item tabled

New Business - GENERAL

Date Initiated	Item Description	Who + Next action	Resolution
03/21/26	<p>Anicca - Board to consider how do we hold both the intention and actions to continue to try and grow and also acknowledge the center’s change; at some point DSC will cease to exist</p> <p>Documents will be the legacy of DSC after the organization is no more</p> <p>Invitations to people to take next step in engaging with the community and center important since people may not know what is available; revamp of homepage will incorporate step-wise approach</p>	<p>03/21/26 - Discussion to continue at next meeting</p>	

- D. Next meetings: (All times in ET and on Saturdays unless noted otherwise)
 - a. April 11, 2026 at 10 AM
 - b. Next meetings to be set at April meeting