

DEEP SPRING CENTER
Monthly Board of Directors Agenda
Saturday, June 21, 2025
4:00pm – 5:30pm PM EST

Board Members: Stephanie Katz, Karl Frederick, David Teare, Pat Polanski,
Isabelle Mook-Jodouin
Board Advisor: Barbara Brodsky
Staff: Trish Maley, Tana Dean
Regrets: Terri McClernon, Iris Wolfson
Guest: None

- **Focused manifestation meditation w/3-5 minutes of silence after**

Aaron's Guidance:

My blessings and love to you all. I am Aaron. I love all of you and so appreciate the work that you are doing to support Deep Spring. My prayers, my loving support go out to David and to Stephanie for the fullest healing possible and with gratitude to all you have given to support our work.

I want to share - really Barbara should be the one to talk about this but, - an experience, a guided meditation that I worked with her this morning. She had a grueling 5 days: yesterday, Hal was discharged from the hospital program, so it's been a very hard 5 days for her. This morning, she woke up really feeling a lot of tension. A lot of agitation, and part of it about Hal's health, part of it about the finances; she does not know if he has the insurance to cover his hospital stay, she may get a huge hospital bill, we don't know.

She was looking at agitation, grasping, fear, anger. I asked to settle in and just breathe, and feel the Light around her. And I want to invite all of you to do something similar to what Barbara did this morning.

Imagine yourself in a place of beauty, whatever that is for you. It could be on a beach by the ocean, or atop of a mountain, or a flower garden or a deep forest. Whatever it is for you. Imagine yourself lying in comfort, on a bed or on a hammock or just on the soft grass. *(pause)* Lying there, aware of any fear, pain or agitation in yourself. Asking yourself, what is my future? What am I doing here now? What is this life about? The chaos, the disasters in the world, what is this about? So many dying, with bombs and hurricanes and forest fires, what is it all about? And of course, you've heard me talk about what it's about.

But let's simplify it. It is about remembering love, remembering your essence as love and compassion, and your ability to ground that into the Earth. So I would ask you to just hold that thought as you lie comfortably in your place of choice. And then to state your intention, I state to all beings - I am putting my words, but please put your own words in - my intention to ground Light and love into the Earth, to be an instrument of love, of compassion, of healing for all beings. I offer the intention to do no harm to any being, but to support the wellbeing of

everything, from the smallest microcosm to the largest living being. And I ask for help, from those beings who surround me, those loving beings. Here I speak not only of spirit-plane beings, but the insects, the giant trees, the loving friends, the loving pets, everything that surrounds you and brings Light into your life. Feel it collecting around you. Feel the presence of love around you. And know that you are safe.

When I say safe, I do not mean in guarantees of a lifetime of 130 years. Whatever the lifetime is, the essence of you is safe. You are Light and you are love. And that essence can never perish.

You are love. Breathing in and inviting the presence of love, asking to feel that love, to feel the energy of it, to feel yourselves held with love. Perhaps you will hear a voice or see colors or forms that say, 'love', in whatever voice. Beautiful colors, or faces, or light. Love. You are love. You are cherished.

Now hear that loving guidance reminding you, not only are you cherished but you are empowered. You came here to live your life in love, and you have that power of your intention. And through that love, to change the world: the places where bombs are flying such as Israel and Iran. Your love grounds light and love in that whole area, in all sentient beings there. It has the power to change the world. It is not a 'doing' but a 'being'.

This is the heart of our work at Deep Spring: to help people remember who they are and the power that they have, to find the love in their own selves, their own expression of the Divine and bring it out into the world. And to choose, of their own free will, to ground it into the Earth.

Let's have some silence now, while you do a bit of this and connect with whoever may come to support your intentions. I hold you in my heart, in so much love. I am Aaron.

- **Vote required:** None

A. Monthly Reports

a. Staff Reports

i. Administrative – Tana

- See report for details
- 3 emails going out inviting dana for programs: immediately after registration, after the program and 3 days post-program

ii. Communications / Fundraising – Trish

- See report for details

b. Committee / Team Reports

i. Finance – David

- See report for details - finances stable for now

ii. Volunteer – Terri

- Tabled to next meeting
- iii. Archive / Technical – Isabelle
 - Test import by Leslie successful
 - Roger and Isabelle sent full import file to Leslie for final test
 - If final test successful, full import to be completed
- iv. Community Building – Stephanie
 - See below Section C
- v. Outreach - Karl
 - See report for details

B. Old Business - GENERAL

Date Initiated	Item Description	Who + Next action	Resolution
06/22/24	IONS Conference impact on website traffic: Tana noted no large increase in traffic; Barbara had good conversations with ~10 people at the end, maybe more significant impact Tana offered feedback to IONS about challenges with accessibility with their system	Barbara and Aaron to pick out some transcribed sections to send to IONS to explore Aaron being a speaker next time	01/18/25: Tana / Karl / Barbara actively working on this 03/22/25 – waiting for new archives site
01/18/24	Books: Terri provided an update on Tavis's work with Henry: different books are at various stages in process	Terri / Barbara to liaise with Henry / Tavis to advance work	03/22/25 – work in progress
02/15/25	Dana for Teachers – Discussed allocating a portion of the program fee for teachers Other potential suggestions: 1) Adding in optional dana text box(es) for teachers into the registration form 2) Send additional reminder email a week or 10 days later Portion of on-demand classes goes to Barbara (as she will not get dana for those)	Board members to continue to reflect on to help increase dana to Barbara DT to review class fee schedule/etc.	03/22/25 – Tana to continue sending 2 reminder dana emails after events, incl. one a few days later; Barbara open to reimbursement from DSC for specific expenses (e.g. caregiving during teaching, internet) but not planning time or content development

			06/21/25 - Board to continue to monitor
--	--	--	--

C. Old Business – Dec 2024 Strategic meeting (priorities)

Date Initiated	Item Description	Who + Next action	Resolution
12/06/24	Forming a retreat committee for Fall 2025 Maryville; Ruth Essig agreed to be retreat manager/co-manager Will need dedicated volunteer/team for transportation; Pat to work with Ruth to determine other needs then email to be sent to sangha	01/18/24: Pat to email Ruth to get planning started	02/15/25 – Ruth confident in being Manager; Bill to be travel coordinator No committee necessary - Pat, David, Tana, Ruth and Bill to meet a few times to hash details out Will consider adding second registration option for first weekend only 03/22/25 – Barbara to reach out this week to confirm 2025 dates 06/21/25 - 1 scholarship given out; 1 remaining if needed
12/06/24	Attracting new Board members / Treasurer	06/21/25: David received message from Mimi M. that she is interested in being on the Board David and Stephanie have resigned from the board effective July 2025; David to remain treasurer	06/21/25 - Mimi also has many skills; may be willing to volunteer those skills to support DSC Tana, Trish and Pat to prepare email inviting new Board members and

		until new treasurer is found	officers; duties listed in bylaws
12/06/24	Group discussions on Zoom with experienced volunteer facilitators - Facilitators / Ambassadors to be vetted by Barbara ■ Also need guiding facilitator to liaise with staff and support other facilitators – (Pat maybe) - Book clubs - Kalyana mitta - Class discussion groups (Tuesday class + EwA) on off-weeks - only for registered students - Welcoming committee - Staff can set up Zoom links / technology / Groups.IO, but rest would be volunteer-led - Start with class discussion groups and assess facilitators' interests and passions	Tana to send Tuesday night class lists from last 3 years to Barbara (cc: Pat) for vetting Tana to then email those vetted and send invite to info meeting Set date for info mtg	06/21/25 - Pat to connect with Iris and Bill to finalize logistics for first group Bill and Barbara to facilitate discussion group in fall to determine specific interests in Anna's teachings to create a class for January
12/06/24	Recurring Sangha meeting(s) – Discussed April and September	Tana/Trish to schedule email announcement for sangha meeting Barbara to remind class members September meeting still TBD	(April meeting occurred)

New Business - GENERAL

Date Initiated	Item Description	Who + Next action	Resolution
06/21/25	Tana started planning new live program at Crazy Wisdom with Barbara and Colette; conversation between Aaron and Yeshua		

D. Next meetings: (All times in ET and on Saturdays unless noted otherwise)

- a. *July/August = no meetings*
- b. September 27th at 4pm
- c. October 25th at 4pm
- d. Annual Strategic Planning meeting = Friday, December 5th from 10am-4pm