

## DEEP SPRING CENTER

Monthly Board of Directors Meeting Agenda

Sunday, February 11, 2023

4:00pm – 6:00pm PM EST

**Board Members:** Terri McClernon, Stephanie Katz, Isabelle Mook-Jodouin, Karl Frederick, David Teare

**Board Advisor:** Barbara Brodsky

**Staff:** Tana Dean, Trish Maley

**Regrets:** Stephanie Katz

**Guest:** Celeste Zygmont

### Guidance from Aaron

My blessings and love to you. I am Aaron. I thank you for being here on this, dare I call it a holiday? Football holiday? How many are interested in the football and how many in the entertainment? Super stars and super ball and whatever. Would anybody here have paid \$6,000 to be there in the stadium? There's the personality self that says, Oh Super Bowl, and fun with friends or family and special food and it's a holiday! And there's a different part of you that says, oh this again, yes I remember how to do this.

The "getting to know the multidimensional self" does not mean that the personality self is insignificant. It's beautiful. We love the personality self. But it's so valuable to get to know both the personality self in its lightest and most loving mode and in its angry and temperamental mode also, and to know, this is not who I am. I am bringing this up because we had a 3-hour session yesterday with Tavis and Colette and Spirit, a number of entities talking. And we finalized our plans for the February 17-24 workshop. We're all excited about the workshop and as we talked about it, it seems that this insight, knowing the multidimensional self, resting in the multidimensional self, that this is the most important thing that we can communicate for the workshop, and really the most important thing that you can deepen in understanding of, for the incarnation.

So addressing you as board members. One little facet of who you are is a Board Member. We cherish that. It's part of the multidimensionality of yourselves. What does it mean to be a Board Member? To support Deep Spring Center and the work of the center? Who is a Board Member? Is there anybody there that you can find that's a permanent Board Member, this is your deepest identity? Your deepest identity is love. Serving on the Board is one way to express that love, and to support others in opening to that love. And for this I thank you. Your entire multidimensional self I embrace with love. I am Aaron.

### A. Monthly Reports

#### a. Staff Reports

##### i. Administrative – Tana

- February workshop has 5 different volunteers hosting and Tana hosting 3 sessions, so still have need to grow the team

- Also need to ensure that volunteers have training on hosting retreats versus classes/workshops
- To grow the team, Board considering changing policy so that hosts not have to pay for part or all of the programs they host
  - If hosts also wish to donate, welcome to do so
  - May consider minimum number of sessions hosted to qualify, or may offer a discount based on how many sessions hosted within a program
  - Discussion to continue in future meetings

ii. Communications / Fundraising – Trish

- No further discussion beyond Trish’s report

b. Committee / Team Reports

i. Finance – David

- See old business below for bundling discussion

ii. Volunteer – Terri

- No further discussion this month

iii. Archive / Technical – Isabelle

- Isabelle to work with Janice on categorization and tagging scheme and implement in the draft archives site
  - Presentation to Board to take place next Board meeting, March 23, 2024
- Isabelle to schedule send Zoom links for board meetings 30 minutes before the meeting starts

iv. Community Building – Stephanie

- Board reviewed draft community survey to get sangha’s preferences around community
- Questions to be further edited and reviewed, then come to Board for final approval
  - Ensure gender-inclusive language used in survey
  - Suggestion to include space for open comments after each question

v. Outreach / Partnerships – Karl

- Initial steps have begun
- Karl to work on a statement of intent by using wording from mission and vision statements; Karl to meet with Aaron to discuss

## B. Old Business

<b>Date Initiated</b>	<b>Team + Item Description</b>	<b>Who + Next action</b>	<b>Resolution</b>
10/2023?	Discussed "Prayer Chain" interest of sangha members for prayer requests. Only people who want to get prayer chain email requests would be emailed Tana/Trish to look into technology and minimizing staff time spent	TD+TM – Look into options implement  02/11/24: Tana and Trish to present to Barbara prior to presenting to Board	
12/08/23	Finance - Bundling of Class Fees – Is there interest from the Sangha / obtain feedback on what Option preferred  "Discount" option from bundling idea does not make sense with our donation range model Separate request from sangha would be to have a single registration form for entire semester of events for convenience	DT – Send survey to sangha and compile for BOD review Board reviewed survey results  02/11/24: Tana to reflect on how to implement single point registration	

## C. New Business

<b>Date Initiated</b>	<b>Team + Item Description</b>	<b>Who + Next action</b>	<b>Resolution</b>
01/13/24	Remembering Wholeness: David and Jim attended last session in person Barbara found it very helpful to have the energy in person	02/11/24: Terri and Barbara to discuss potential further in-person volunteers	
02/11/24	Community – Discussed sample questionnaire	Stephanie to work with Mary to further edit survey, then bring to Board for final approval	
02/11/24	Discussed resuming in-person retreat in November Barbara has begun reaching out to venues but needs someone else to take over Barbara and John suggest retreat run Wed. night to Sun. morning If find suitable venue, need to survey sangha to gauge interest Barbara estimating 15-20 people interested in attending	Barbara to connect with Celeste who offered to help look for venues	
02/11/24	Terri part of a small group hosting a retreat in May, requesting to send registration invitation to DSC's mailing list and also put on DSC's website (like	As teacher, Barbara approved	Terri and Tana to connect to prepare message and

	Emerald Isle retreat), and they will pay for staff time required	of the posting of this message	wording for website
02/11/24	Celeste interested in joining the Board	David and Stephanie to meet privately with Celeste	

D. Next meeting: Saturday, March 23, 2024 at 4pm